

ONE CITY. ONE BOOK.
A THOUSAND CONVERSATIONS.

Brighton & Hove

CITY READS 2015

10 October – 1 November

THE
HUMANS

BY
MATT
HAIG




CITYREADS.CO.UK


INFORMATION

VENUE INFORMATION ON PAGE 9
ENQUIRIES: INFO@CITYREADS.CO.UK

TICKETS: CITYREADS.CO.UK

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 City Reads Brighton & Hove

City Reads would like to thank its:
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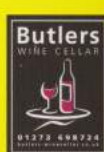
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**THE OLD
 MARKET**

Thanks also to: Angela Robertson, Alice Shortland & Jaz Lacey Campbell at Canongate, Tanya Ashdown, Helen Jewell & Will Sawney at The Old Market, Candida Lacey and the team at Myriad, Jess Moriarty, Kate Regester and staff at Brighton & Hove Libraries, Lucy Grainger and the events team at Waterstones, Seb Cole, Bertie Van der Beek, Ben Szobody at One Church, Tim Brown, the City Reads team: Vicky Tremain, Sara Duffy, Mavis Ang and Michael Eppy, and of course our wonderful volunteers.

City Reads is produced by Collected Works CIC.



THE HUMANS

BY

MATT HAIG

WHY THIS BOOK?



This book changes lives. Just go on to Twitter and search 'Matt Haig The Humans' to see what I mean. As soon as I read the book I knew we'd found our 2015 title. It made me laugh, it made me cry, it was a book I wanted to share with family, friends and acquaintances, so choosing it for City Reads 2015 seemed like the perfect way to do that. Matt has described the book as 'a kind of advert for the human race', a book he wanted as many people as possible to enjoy. That sentiment sums up the whole ethos of City Reads. Some of the people I've recommended

it to have interpreted it very differently to me. Isn't that what a good book should do? Make us question, discuss and debate its meaning?

One book. One city. A thousand conversations . . . read **THE HUMANS** and be part of City Reads' 10th anniversary celebrations. I hope you love it as much as I do.

Sarah Hutchings, Artistic Director



TICKETS: CITYREADS.CO.UK

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EVENTS AT BRIGHTON & HOVE LIBRARIES

Saturday 10 October

CITY READS 2015 CELEBRATES WORLD MENTAL HEALTH DAY

Jubilee Library, 10am – 4pm, Free, drop-in activities all day

'Ignore stigma. Every illness had stigma once. Stigma is what happens when ignorance meets realities that need an open mind.' **Matt Haig 2015**

To celebrate World Mental Health Day, City Reads, Action for Happiness and Brighton & Hove Libraries bring you a day of simple, inspiring and friendly activities to promote happiness and boost health and wellbeing. Join us for a Healthwalk and drop in to browse a selection of mood boosting books, find out what happens at a Happiness Cafe and take part in discussions about reading.

Full details of all activities at:
cityreads.co.uk



From Saturday 10 October

YOUNG, HUMAN AND CREATIVE

A competition for 16 – 25s

Exhibition at Jubilee Library and online

Young people from across the city respond to the theme 'what it means to be human' through photography, poetry/flash fiction or graphic novel form.

THE SECRET LIFE OF HUMANS

In partnership with Brighton & Hove Libraries authors from local publisher Myriad Editions discuss the role of family secrets in their own work, read from their novels and invite questions from the audience.

Thursday 22 October

HUSH – THE POWER OF SILENCE

Saltdean Library, 6.30 – 8.30pm, £3

Hush is the debut novel by Brighton-based author Sara Marshall-Ball, exploring what happens when we cannot speak, even to those we love the most.



Sara Marshall-Ball

Saturday 24 October

THE ART OF FAMILY SECRETS

Hangleton Library, 2.30 – 4pm, £3

Join Umi Sinha (*Belonging*) and Hannah Vincent (*Alarm Girl*) as they discuss why they were both drawn to write about the consequences of long-held family secrets.



Umi Sinha



Hannah Vincent

Tickets for both events are available in advance from all Brighton & Hove Libraries or on the door.

The Humans is available to borrow as a paperback or eBook for free from your local library. Other Matt Haig titles are also available.

CITY READS 2015 AT THE OLD MARKET

Sunday 1 November

MATT HAIG IN CONVERSATION WITH ALEX CLARK

You've read *The Humans*. You've taken part in the City's annual 'big read'. You've discussed it with friends, with family, or on Facebook. Now's the time to bring your City Reads experience full circle by joining Matt Haig at The Old Market for this very special event. Matt discusses *The Humans* (the book he is proudest of writing) with journalist and broadcaster Alex Clark.

The Old Market, 5pm, £8/£6

Monday 19 and Tuesday 20 October

EVERY BRILLIANT THING - A Paines Plough and Pentabus Theatre Company production

By Duncan Macmillan, directed by George Perrin, with Jonny Donahoe

A co-promotion with TOM

City Reads is delighted to include this wonderfully uplifting Edinburgh Festival and Off-Broadway hit in its programme. A new play about depression and the lengths we will go to for those we love. Based on true and untrue stories.

'Heart-wrenching, hilarious... possibly one of the funniest plays you'll ever see.'

The Guardian

The Old Market, 8pm, £12/£10

TOM's Friends: 15% Off



Jackie Kay



Dean Atta



Vanessa Kisuule

Sunday 1 November

BOOKS FOR BREAKFAST – CITY READS BOOK SWAP

Something special happens when people share their passion for a book they love. Bring along just ONE book that you'd love to swap with someone else and we'll do the rest. The TOM cafe will be open for hot drinks – we'll bring the croissants!

The Old Market, 10.30am, £2 (on the door)
Limited capacity – to book a place, email info@cityreads.co.uk

Sunday 1 November

GRAPHICALLY HUMAN

Join comic artists Ian Williams (*The Bad Doctor*) and Nye Wright (*Things To Do in a Retirement Home Trailer Park*) as they respond verbally and graphically to Matt Haig's *The Humans*. Grab a coffee from the bar, pull up a chair and spend an hour in the company of two major talents from the world of comics.

The Old Market, 12.30pm, £5

Sunday 1 November

HUMAN POETRY

with Jackie Kay, Dean Atta and Vanessa Kisuule

'A poem is a little moment of belief'

Jackie Kay

Enjoy readings from three award-winning poets whose work explores the complexities of identity and what it means to be human.

The Old Market, 2.30pm, £8/£6

HUMANS THROUGH A LENS

Monday 19 October – Sunday 1 November

HUMAN WALLPAPER – EXHIBITION – A City Reads Commission

JJ Waller and Deborah Bowness

'Our inspiration and starting point was the idea of aliens taking on human identity and how ugly and ill-conceived the human form at first appears to the main character in the book.' JJ Waller

Acclaimed photographer JJ Waller and wallpaper designer Deborah Bowness unveil a unique collaboration inspired by Matt Haig's *The Humans*. In addition to a smaller installation in the foyer at Jubilee Library, large-scale deconstructed portraits will be pasted up at sites across the city.

Jubilee Library Foyer and at sites across the City. Free

Thursday 15 October

TALKING HUMAN WALLPAPER

Join photographer JJ Waller for a special talk about his unique collaboration with international designer Deborah Bowness for their City Reads 2015 commission HUMAN WALLPAPER. He will also be offering rare insight into how he makes many of his iconic Brighton pictures. Look out for the exhibition at selected sites across the City.

Waterstones, 7.30pm, £5
(includes a glass of wine)



Sunday 18 October

THE APARTMENT

US, 1960, 125 mins (PG)

Director Billy Wilder. Starring Jack Lemmon & Shirley MacLaine

With a special introduction by Matt Haig

Matt Haig's choice for City Reads 2015 is this bittersweet city satire. Lonely insurance clerk Bud Baxter (Jack Lemmon) loans out his tiny Manhattan flat to his bosses for their extra-marital affairs in this Oscar-winning comedy. Don't miss this opportunity to see it on the big screen and hear Matt Haig's live introduction.

Dukes at Komedia, 1pm, £7 – £10



Thursday 22 October

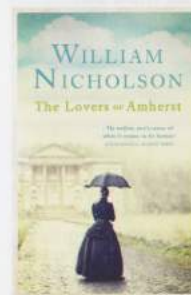
CITY READS AT THE BOOKISH SUPPER SOCIETY

with Emma Jane Unsworth and William Nicholson

'Urban chic in the heart of the City' hosted by Laura Lockington

Emily Dickinson is referenced throughout Matt Haig's wonderfully warm and funny book, *The Humans*. In William Nicholson's latest novel, *The Lovers of Amherst*, the illicit love affair between Emily Dickinson's brother and their Amherst neighbour Mabel Todd is beautifully told. Emma Jane Unsworth's Jerwood-winning *Animals* skillfully navigates the complexities of intimate relationships and features late night drunken discussions about poetry. City Reads teams up with literary salon and pop-up supper club The Bookish Supper Society to bring you wine, supper and chat from two outstanding authors.

Regency Town House, 7pm, £25
(includes supper and a glass of wine)



Thursday 29 October

OUT OF THIS WORLD WINE TASTING

In association with Butler's Wine Cellar and La Cave à Fromage – hosted by Henry Butler

'Peanut butter sandwiches go perfectly well with a glass of white wine. Don't let anyone tell you otherwise' *The Humans*

Henry Butler may well be the man to disagree... and let's face it, he's the expert. Henry will be guiding us through the tasting of six different wines in this very special City Reads event. Expect delicious wines, bite-sized cheeses, sweet treats and a spot of extra terrestrial company...

Regency Town House, 7.30pm, £22.50
(includes all wines and nibbles)



© Matthew Andrews 2014

Henry Butler

CITY READS SCI-FI WEEKENDER AT ONE CHURCH

Featuring the Alien Photo Booth (selfie sticks at the ready!), a bar all weekend, stone baked pizzas from local indie Pizzaface, Boho Gelato and of course popcorn. This galactic array of sci-fi films has something for everyone.

Friday 23 October

UNDER THE SKIN

UK, 115 mins, 2013 (15)

Director Jonathan Glazer

Scarlett Johansson stars as an alien serial killer trawling the streets of Glasgow and the Scottish Highlands for unsuspecting men to lead to an otherworldly abyss. Glazer's use of non-actors, unscripted scenes and hidden cameras captures a raw and haunting authenticity.

One Church, 7pm, £6

Saturday 24 October

PINOCCHIO

US, 1940, 88 mins (U)

Disney Animation

The classic tale of what it means to be human. Can the puppet 'Pinocchio', with the help of Jiminy Cricket, prove himself worthy of becoming a 'real boy'?

One Church, 10.30am, £4 (admits 1 child and 1 adult, plus free popcorn)

Saturday 24 October

STARMAN

US, 1984, 115 mins (PG)

Director John Carpenter

Starman is the charming tale of an alien (Jeff Bridges), who takes the form of a young widow's husband after crashing to Earth. John Carpenter's underrated sci-fi is a road movie with a rom-com heart.

One Church, 3.30pm, £6

Saturday 24 October

ATTACK THE BLOCK

US, 88 mins, 2011 (PG)

Director Joe Cornish

This low budget action comedy sees a London street gang defending their turf against an invasion of savage aliens turning their housing estate into a battleground. Joe Cornish (of Adam & Joe) directs *Attack the Block* as an alien thriller in the tradition of 1970s B-movie action films.

One Church, 6.30pm, £6

Saturday 24 October

INVASION OF THE BODY SNATCHERS

US, 115mins, 1956 (PG)

Director Jon Siegel

The archetypal black and white B-movie sci-fi thriller in which emotionless aliens from outer space threaten to wipe out humankind. This original (and superior) 1956 version is still as scary as hell.

One Church, 9pm, £6

Saturday 24 October

SCI-FI ACTION DOUBLE BILL

ATTACK THE BLOCK and INVASION OF THE BODY SNATCHERS

Special Offer - £10



MORE EVENTS

Wednesday 21 October

ON BEING HUMAN - WRITERS RESPOND TO THE HUMANS

In partnership with Myriad and University of Brighton

One stage, twenty writers, three minutes each... a bar, a bookstall and a bell, all you need for a very special event. Join us to hear some incredible voices from the vibrant Brighton literary scene. Writers include: David Bramwell, Susannah Jones, Mark A Radcliffe, Sharon Zink, Mick Jackson, William Shaw, Lizzie Enfield and three of this year's Jerwood Fiction Uncovered Prize winners: Emma Jane Unsworth, Jo Mazelis and Bethan Roberts (City Reads author 2012). This event will be hosted by writer and presenter Laura Lockington.

Sallis Benney Theatre, 7.30 - 10.30pm, £7/£5 (student concession)

Wednesday 28 October

CITY READS BOOK QUIZ

This perennial City Reads favourite returns to test your knowledge on all things bookish. From genre fiction to literary classics; from lowbrow to highbrow to no brow at all, there's conundrums and brainteasers aplenty for book lovers of all persuasions.

There's also a special **Matt Haig** round, so be prepared! Join a team or bring your own.

The Latest Music Bar, 7.30 - 9.30pm, £5



WANT TO READ MORE MATT HAIG?

REASONS TO STAY ALIVE
Matt Haig

Sunday Times top ten bestseller



Warm, witty, honest and human, this book is a manifesto for staying alive, whatever your demons. Aged 24, Matt Haig's world caved in. He could see no way to go on living. This is the true story of how he came through crisis, triumphed over an illness that almost destroyed him and learned to live again. A moving, funny and joyous exploration of how to live better, love better and feel more alive. Out in paperback in January.

Life with the Radleys: Radio 4, dinner parties with the Bishopthorpe neighbours and self-denial. Loads of self-denial. But all hell is about to break loose. When teenage daughter Clara gets attacked on the way home from a party, she and her brother Rowan finally discover why they can't sleep, can't eat a Thai salad without fear of asphyxiation and can't go outside unless they're smothered in Factor 50. Life in Bishopthorpe is about to change. Drastically.



Whether you are planning a high level of human interaction or just a casual visit to planet Earth, this user-guide to the human race will help you translate their sayings, understand exotic concepts such as 'democracy' and 'sofas', and make sense of their habits and bizarre customs. Allows everyone to make the most of their time on Earth.

CITY READS AT A GLANCE

SAT 10 OCT 10am • JUBILEE LIBRARY
HEALTHWALK – WORLD MENTAL HEALTH DAY

SAT 10 OCT 11.15am • JUBILEE LIBRARY
CITY READS CELEBRATES WORLD MENTAL HEALTH DAY

THUR 15 OCT 7.30pm • WATERSTONES
TALKING HUMAN WALLPAPER – with JJ Waller

SUN 18 OCT 1pm • DUKES AT KOMEDIA
THE APARTMENT Billy Wilder's classic introduced by Matt Haig

MON 19 OCT 8pm • THE OLD MARKET
EVERY BRILLIANT THING by Duncan Macmillan

TUES 20 OCT 8pm • THE OLD MARKET
EVERY BRILLIANT THING by Duncan Macmillan

WEDS 21 OCT 7.30pm • SALLIS BENNEY
ON BEING HUMAN – Local Writers Respond to *The Humans*

THUR 22 OCT 6.30pm • SALTDEAN LIBRARY
HUSH: SILENCE AND SECRETS with Sara Marshall Ball

THUR 22 OCT 7pm • REGENCY TOWN HOUSE
CITY READS AT THE BOOKISH SUPPER SOCIETY

FRI 23 OCT 7pm • ONE CHURCH
UNDER THE SKIN (15) PART OF THE SCI-FI WEEKENDER

SAT 24 OCT 10.30am • ONE CHURCH
PINOCCHIO (U) PART OF THE SCI-FI WEEKENDER

SAT 24 OCT 2.30pm • HANGLETON LIBRARY
THE ART OF FAMILY SECRETS

SAT 24 OCT 3.30pm • ONE CHURCH
STARMAN (PG) PART OF THE SCI-FI WEEKENDER

SAT 24 OCT 6.30pm • ONE CHURCH
ATTACK THE BLOCK (PG) PART OF THE SCI-FI WEEKENDER

SAT 24 OCT 9pm • ONE CHURCH
INVASION OF THE BODY SNATCHERS (PG) PART OF THE SCI-FI WEEKENDER

WEDS 28 OCT 7.30pm • THE LATEST MUSIC BAR
CITY READS BOOK QUIZ

THUR 29 OCT 7.30pm • REGENCY TOWN HOUSE
OUT OF THIS WORLD WINE TASTING – with Henry Butler

SUN 1 NOV 10.30am • THE OLD MARKET
BOOKS FOR BREAKFAST – CITY READS BOOK SWAP

SUN 1 NOV 12.30pm • THE OLD MARKET
GRAPHICALLY HUMAN – Nye Wright and Ian Williams

SUN 1 NOV 2.30pm • THE OLD MARKET
HUMAN POETRY – Vanessa Kisuule, Dean Atta and Jackie Kay

SUN 1 NOV 5pm • THE OLD MARKET
MATT HAIG LIVE in Conversation with Alex Clark

EXHIBITIONS

MON 19 OCT - SUN 1 NOV • JUBILEE LIBRARY & AROUND THE CITY
HUMAN WALLPAPER Photography installation by JJ Waller & Deborah Bowness

FROM SAT 10 OCT

Jubilee Library - Young People's Area and online at cityreads.co.uk
YOUNG, HUMAN AND CREATIVE – an exhibition of competition entrants' work



VENUE INFORMATION

1. WATERSTONES 71-74 North St, Brighton BN1 1ZA

2. JUBILEE LIBRARY Jubilee St, Brighton, BN1 1GE

3. SALLIS BENNEY 58-67 Grand Parade, Brighton, BN2 0JY

4. THE OLD MARKET 11A Upper Market St, Brighton, BN3 1AS

5. DUKES AT KOMEDIA 44-47 Gardner St, Brighton, BN1 1UN

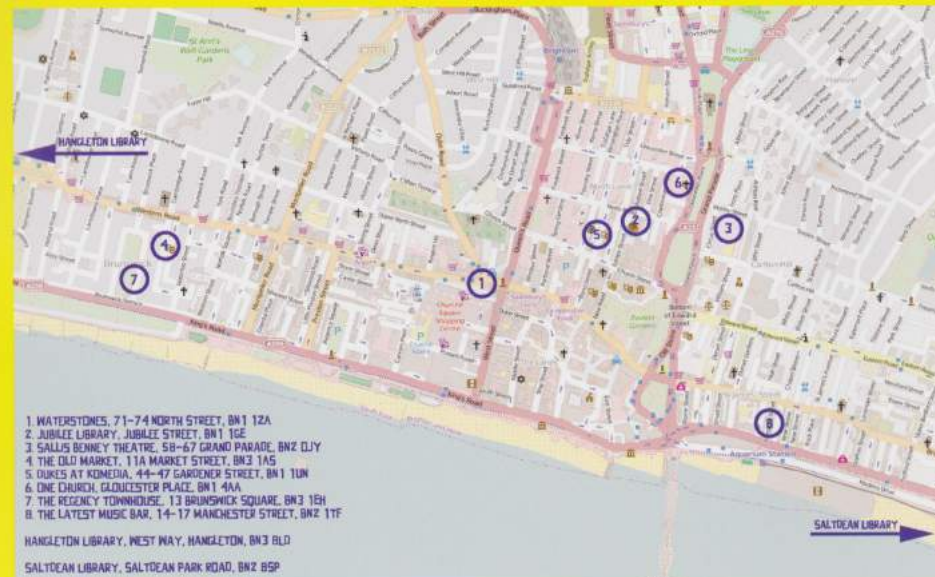
6. ONE CHURCH Gloucester Pl, Brighton, BN1 4AA

7. REGENCY TOWN HOUSE 13 Brunswick Square, Hove, BN3 1EH

8. THE LATEST MUSIC BAR 14-17 Manchester St, Brighton, BN2 1TF

HANGLETON LIBRARY West Way, Hangleton, Hove, BN3 8LD

SALTDEAN LIBRARY Saltdean Park Rd, Saltdean, Brighton BN2 8SP



ENQUIRIES: INFO@CITYREADS.CO.UK

TICKETS: CITYREADS.CO.UK

EVENT HIGHLIGHTS

**HUMAN WALLPAPER - EXHIBITION
(JJ WALLER & DEBORAH BOWNESS)**

19 OCT - 1 NOV, JUBILEE LIBRARY & AROUND THE CITY

TALKING HUMAN WALLPAPER WITH PHOTOGRAPHER JJ WALLER
THUR 15 OCT, 7.30PM, WATERSTONES

THE APARTMENT (PG)

MATT HAIG INTRODUCES BILLY WILDER'S CLASSIC FILM
SUN 18 OCT, 1PM, DUKES AT KOMEDIA

ON BEING HUMAN - LOCAL WRITERS RESPOND TO *THE HUMANS*
WEDS 21 OCT, 7.30PM, SALLIS BENNEY

**CITY READS AT THE BOOKISH SUPPER SOCIETY
WITH WILLIAM NICHOLSON AND EMMA JANE UNSWORTH**
THUR 22 OCT, 7PM, REGENCY TOWN HOUSE

**SCI-FI WEEKENDER FEATURING UNDER THE SKIN,
PINOCCHIO, STARMAN, ATTACK THE BLOCK &
INVASION OF THE BODY SNATCHERS**
FRI 23 & SAT 24 OCT, VARIOUS TIMES, ONE CHURCH

CITY READS BOOK QUIZ

WEDS 28 OCT, 7.30PM, THE LATEST MUSIC BAR

OUT OF THIS WORLD WINE TASTING - HOSTED BY HENRY BUTLER
THUR 29 OCT, 7.30PM, REGENCY TOWN HOUSE

CITY READS AT THE OLD MARKET FEATURING MATT HAIG
SUN 1 NOV, EVENTS ALL DAY, SEE INSIDE FOR TIMES

**ONE CITY. ONE BOOK.
A THOUSAND CONVERSATIONS.**



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